



# Counselor

## Bridget Mitchell - Super Counselor!

Bridget has grown up with camp and we have loved having her every year along the way! She has an easy smile and is willing to do whatever it takes to give her campers a great experience!

**How did you get involved in CHAMP Camp?** I started as a jr. Counselor when I was 16. I thought I wanted to do something in the medical field, so my parents thought it would be a good idea for me to get some exposure to it. Since camp has a wide range of medical professionals, and the watchful eye of Jamie, they sent me off for the week. Little did they know, I'd get hooked!

**You travel a pretty long distance to participate in CHAMP Camp! Why is it worth the trip?** CHAMP Camp is the best week of the year!!! The campers are incredible and watching them get to experience the magic of camp makes any plane delay and travel time worth it.

**What is your favorite memory from CHAMP Camp?** I can't pick a favorite...every year is so special and different, there are so many little moments every single day. A favorite memory from last year was when we had a water balloon fight with another cabin. Everyone was included and the campers had so much fun. They had the biggest smiles and couldn't stop talking about it for the rest of the night.

**How does your week at camp impact the rest of your year?** Camp has a way of putting a lot of things into perspective. I always try to take the spirit of camp with me when I leave, be it celebrating small wins, stepping out of my comfort zone, not sweating the small stuff, and trying to have more fun.

**Why should someone who isn't part of a medical profession consider being a counselor at CHAMP Camp?** It's the best decision you could make!! The joy this camp brings is contagious. I've already mentioned that the campers are incredible, but you're also surrounded by amazing counselors who want to see you succeed. It might seem intimidating if you aren't a medical professional, but I promise everyone is cheering you on. There's also a role for everyone. My first year I wasn't the most hands on with the treatments, but let me tell you, those suction machines had never been cleaner and everyone's hair was perfectly French braided. I couldn't imagine not having CHAMP Camp in my life, you won't regret being a part of it.

Apparently Bridget always needs her hair done at camp!



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